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This week's journal



Keep talking ...

- ... but not while driving
- Mobile phones do not increase risk of glioma
- "Sensitivity" to mobile phone signals may have psychological explanation



New UK policy on overseas doctors

- NHS equality director faces tough times
- How international links between doctors bring benefits
- Letters on the topic
- Personal view: How to halt the brain drain

What's hot

- **Sleep disorders in children and adolescents**
- **The REACT study: Randomised evaluation of assertive community treatment in north London**

What's new

- **Breast cancer in the family--children's perceptions of their mother's cancer and its initial treatment**
- **Prevalence of deliberate self harm and attempted suicide within contemporary Goth youth subculture**



Current issue



US highlights

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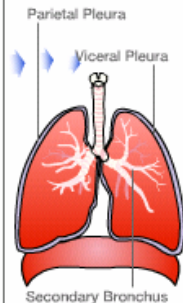
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CURRENT ISSUE

Editor's choice **FREE**

Self-help interventions in patients with IBS

- ▶ Read eLetters
- ▶ Top Ten articles from last month
- ▶ 2005 Top Ten most read articles

Supplements **NEW**

- ▶ **BSG Abstracts**

Correction to print supplement

It has come to our attention that there is a **dosage error** in the print version of the ECCO Consensus on the Management of Crohn's Disease supplement to Gut (March 2006, Volume 55, Supplement I).

The error occurs on page i22 in section 5.4.7. The first line of this section should read:

'Methotrexate 25mg/week (oral, subcutaneous or intramuscular injection, unlicensed therapy for IBD) may be used in a similar fashion to thiopurines.'



ONLINE FIRST



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Last updated:
April 7, 2006

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RSS What is RSS?

Related resources

Gut 2006;55:593-596; doi:10.1136/gut.2005.078089

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LEADING ARTICLE

Complementary and alternative medicine for functional gastrointestinal disorders

K Tillisch

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Revised version received 3 October 2005

Accepted for publication 22 October 2005

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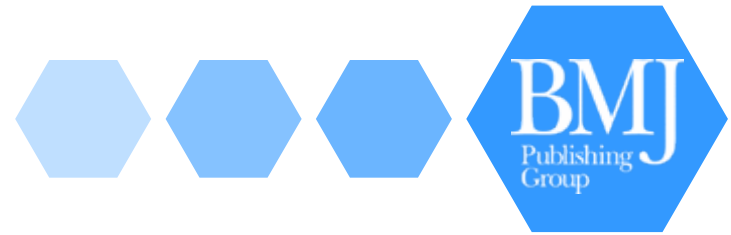
- [Articles by Tillisch, K](#)

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- Appendicitis
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Search this site:





Print topic

Print page

Interventions

Key messages

About this condition

References

Your responses **NEW**

Sleep disorders

Jet lag

Search date November 2004

Andrew Herxheimer

Interventions

We have searched the evidence for systematic and rigorous answers to the clinical questions and situations below, focusing on the outcomes that matter most to patients and clinicians. We have then categorised each treatment or intervention according to its harms and benefits in those situations.

Interventions

Likely to be beneficial



• [Melatonin](#) [†]

Trade off between benefits and harms









• [Hypnotics](#)

Unknown effectiveness



• [Lifestyle and environmental adaptations \(eating, avoiding alcohol or caffeine, sleeping, daylight exposure, arousal\)](#)

Intervention	Icon	Description
Beneficial		for which effectiveness has been demonstrated by clear evidence from RCTs, and for which expectation of harms is small compared with the benefits.
Likely to be beneficial		for which effectiveness is less well established than for those listed under "beneficial".
Trade off between benefits and harms		for which clinicians and patients should weigh up the beneficial and harmful effects according to individual circumstances and priorities.
Unknown effectiveness		for which there are currently insufficient data or data of inadequate quality.
Unlikely to be beneficial		for which lack of effectiveness is less well established than for those listed under "likely to be ineffective or harmful".
Likely to be ineffective or harmful		for which ineffectiveness or harmfulness has been demonstrated by clear evidence.

Cochrane Library Classification

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Conditions and treatments

Decision support

Operations and tests

HEALTH TOPICS

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Heavy periods

Infertility

Menopause

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Wisdom teeth, impacted

Head lice

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High blood pressure

High cholesterol

Heart attack

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Cancer

Colon and rectal cancer

Lung cancer

Breast cancer

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Men's health

Erection problems

Prostate, enlarged

Prostate cancer

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Staying healthy

High blood pressure

High cholesterol

Smoking

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Mental health

Depression in adults

Anxiety

ADHD

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Diabetes and hormones

Diabetes

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Endometriosis

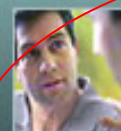
[More...](#)

Helping you to make better health decisions

Get the facts about the top treatment options.

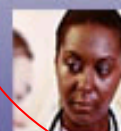
We can tell you which treatments really work and which don't work, based on the best and most up-to-date medical research.

BestTreatments is the only website that rates thousands of health and medical treatments, based on how well they work. You'll know the best way to lower your blood pressure, manage your child's asthma and ease your back pain.



PATIENTS

Choose a condition



DOCTORS

Choose a condition



Eczema (Atopic eczema)

Introduction

What treatments work?

What is it?

What are the symptoms?

How is it diagnosed?

How common is it?

What will happen?

Questions to ask

What is eczema?

In this section

[Key points about eczema](#)

[Your skin](#)

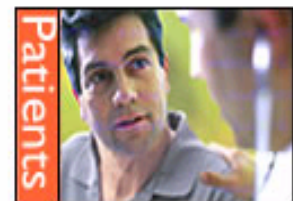
[What goes wrong in eczema](#)

[Why me?](#)

Eczema is a condition that makes patches of your skin become dry, red and itchy. Scratching can make the skin bleed. It can also make the eczema worse. Sometimes the skin becomes thick and scaly.

If you have a child with eczema, there's a good chance he or she will grow out of it. But some people have eczema all their lives. There's no cure for eczema, but there are many treatments that can help relieve the itchiness and inflammation. There are also things you can do at home to keep eczema under control.

There are [several types of eczema](#). The most common type is **atopic eczema**.^{1 2} If you or your child has eczema, it's probably this type. The information here is about atopic eczema, but we call it just 'eczema'.



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Interventions

Key messages

About this condition

References

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Skin disorders

Atopic eczema (web archive)

Search date May 2002

Dominic Smethurst and Sarah Macfarlane

About this condition

In this section:

[Definition](#) | [Incidence / Prevalence](#) | [Aetiology / Risk factors](#) | [Prognosis](#) | [Aims of intervention](#)
| [Outcomes](#) | [Methods](#)

Definition

[Top](#)

Atopic eczema (atopic dermatitis) is an inflammatory skin disease characterised by an itchy erythematous poorly demarcated skin eruption with a predilection for skin creases.^[1]

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Interactive case histories

Use these interactive modules to learn as we guide you through a real life consultation. Before you start a learning resource it is best to add it to your plan.

We have some interactive case histories specifically for doctors but you will very likely find all the interactive case histories on the site useful.

Interactive case history - Displaying GP resources

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[Cardiovascular disorders \(2\)](#)

[Digestive system disorders \(1\)](#)

[Cardiovascular disorders \(2\)](#)

[Digestive system disorders \(1\)](#)

[Drug information \(2\)](#)

[Emergency medicine - includes Poisoning and Wounds from CE \(1\)](#)

[Geriatric Medicine \(5\)](#)

[Haematology \(1\)](#)

[Infectious diseases \(5\)](#)

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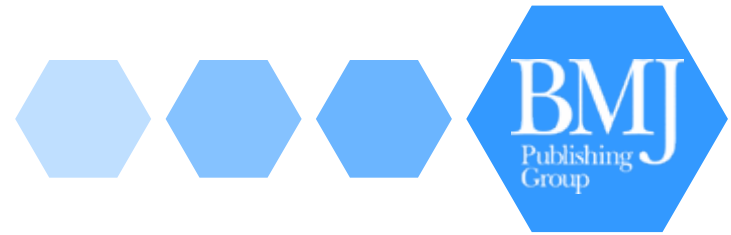
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Personal	I want to find out better ways of breaking bad news	10 Sep 2004	Breaking bad news to patients and relatives (Read, reflect, respond) Add new resource	In progress
Good clinical care	I need to update my knowledge of HRT	15 May 2004	Menopause: an update on diagnosis and treatment (Just in time) Add new resource	Complete <i>passed</i> Edit Evaluation
Good clinical care	I need to update my knowledge of the cholinesterase inhibitors	11 Dec 2004	Alzheimer's disease: management (Just in time) Add new resource	Complete <i>passed</i> Edit Evaluation
Good clinical care	I want to learn about advances in management	13 Apr 2004	Giant cell arteritis: diagnosis and treatment (Interactive case history) Add new resource	In progress
Good clinical care	I want to find out about beta blockers	14 Jul 2004	Heart failure: an update on management (Interactive case history) Add new resource	In progress
Good clinical care	I want to learn about new drugs	26 Jul 2004	Hypertension: treatment (Just in time) Add new resource	Complete <i>passed</i> Edit Evaluation
Good clinical care	I need to find out about new criteria for diagnosis	5 Jul 2004	Diabetes mellitus type 2: diagnosis and evaluation (Just in time) Add new resource	In progress



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